Longissimus capitis is located between longissimus cervicis laterally and semispinalis capitis medially.

## **Proximal Attachment**

It arises by tendons from the posterior surfaces of the transverse processes of T1 to T5 and the articular processes of C4 to C7.

## **Distal Attachment**

The muscle passes superiorly to attach to the posterior margin of the mastoid process, deep to splenius capitis and sternocleidomastoid. It usually has a transverse tendinous intersection close to its upper attachment.